

# TAKE YOUR RELATIONSHIP TO THE NEXT LEVEL

Brainstorm 5-7 things you can do to show your partner that you truly love him or her. Do you kiss them passionately when you leave for work or come home? Do you plan periodic “date time” where it’s just the two of you? If you can’t think of things you can do to show your partner love, ask them for some examples of what they may like. Remember, it’s not what you think they want. It’s what they actually want!

What are the compelling reasons behind why you’re going to take steps to make sure your partner knows you love them? What’s the driving force behind why you are so committed to the relationship?

When will you complete these actions? Make this a part of your calendar as you would any assignments that you may have for work, activities, etc.

## **FOR SINGLES:**

What are the qualities that you know you can bring to an intimate relationship? What have past partners praised you for? What are some of the things you did that made you and a past partner feel good about the relationship?

List 5 new things you can do to meet the person of your dreams. Examples may be things like doing volunteer work, going to church, posting an online dating ad or taking a cooking class:

When will you begin these activities? Get specific and mark it on your calendar!

What are the compelling reasons behind why you're going to take steps to find your ideal mate?